

**Scenario: Time to Have Fun!**

**Theme: Let's workout**

**Enduring Understanding:** Leisure activities help people get together, learn something new, stay out of trouble and have fun.

**Essential Question:** How do leisure activities benefit our life?

**VOCABULARY**

Look at next useful illustrated vocabulary.



Pilates



Skating



Jump rope



Volleyball



Yoga



Walking



Push ups



Football



Spinning



Hiking



Abs / Sit ups



Baseball



Athletics



Fishing



Stretch



Indoor soccer



Climbing



Soccer



Squats



Tennis



Camping



Basketball



Swim



Surfing

Usefull Vocabulary	
English Word	Translation
Pilates	Pilates
Yoga	Yoga
Spinning	Giratorio, Rotatorio (Bicicleta estacionaria)
Athletics	Atletismo, Deportista
Do	Hacer
Go	Ir
Play	Jugar
Tournament	Torneo
Climbing	Escalar
Camping	Acampar
Skating	Patinar
Walking	Caminar
Hike	Caminata, Senderismo
Ride	Cabargar, Montar
Fishing	Pescar
Swimming	Nadar
Championship	Campeonato

GRAMMAR FOCUS 

<b>Present Perfect (Affirmative)</b>	
She / He / It	I / You / We / They
She <u>has</u> worked in Coned.	I <u>have</u> been in New York two times.
He <u>has</u> played soccer all day.	We <u>have</u> visited our friends many times.
The table <u>has</u> a nice shape.	They <u>have</u> walk to Cartago for three years.

**Present Perfect Tense- Pretérito Perfecto:**

We use the present perfect simple to refer to events in the past but which connect to the present. We use the present perfect simple to talk about our experiences up to now. The time of the experiences is not important.

Es un tiempo verbal que se utiliza para expresar acciones que han tenido lugar en el pasado, pero en un pasado muy reciente que se conecta con el presente. Este tiempo verbal se forma con el presente del verbo (to) have, has o have + el participio del verbo de la acción: Regular (Infinitivo+ed) o Irregular (tercera columna de la lista de verbos irregulares).

E.g.: John has washed the dishes this morning. (*John ha lavado los platos esta mañana*).

Subject + has / have + Verb of the action with past participle + Complements.

**Negative Form of Present Perfect Tense:**

Subject + has not / have not + Verb of the action with past participle + Complements.

E.g.: John has not/ hasn't washed the dishes this morning. (*John no ha lavado los platos esta mañana*)

**Interrogative Form of Present Perfect Tense:**

Has/Have + Subject + Verb of the action with past participle + Complements.

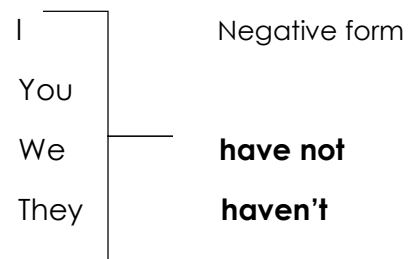
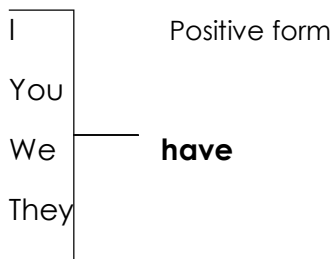
E.g.: Has John washed the dishes this morning? (*¿Ha lavado John Los platos esta mañana?*)

**PRESENT PERFECT**

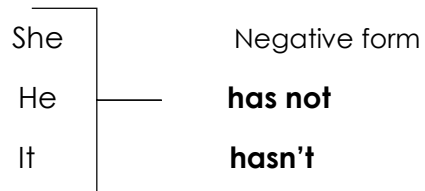
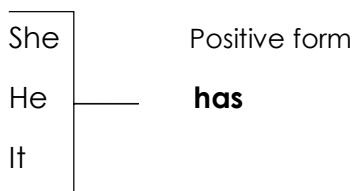
We use the present perfect to refer to events in the past but which connect to the present. We use the present perfect to talk about our experiences up to now.

Affirmative sentences	Negative sentences	Yes/ No Questions
Subject + <b>has/have</b> + verb in past participle + complement  Examples:  John has washed the dishes this morning.	Subject + <b>has not / have not</b> + verb in past participle + complement  Examples:  John has not washed the dishes this morning.	Has have + subject + verb in past participle + complement  Examples:  Has John washed the dishes this morning? Yes, he has No, he has not/ No, he hasn't

Cuando usamos estos pronombres personales debemos usar **“have”**



Cuando usamos estos pronombres personales debemos usar **“has”**

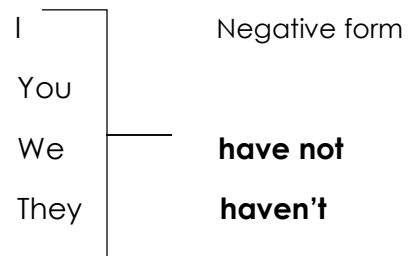
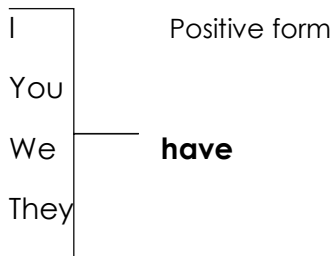


**Present perfect progressive or continuous**

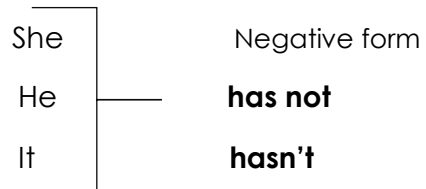
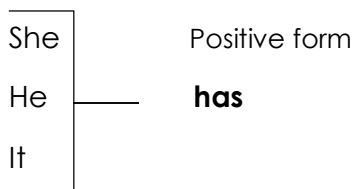
We use present perfect continuous to talk about an incomplete action that is in progress now or has been on for a long time.

Affirmative sentences	Negative sentences	Yes/ No Questions
Subject + <b>has/have</b> + been + main verb + ing + complement  Examples:  You have been working in the Project.   He has been playing soccer since 2 hours ago.	Subject + <b>has not /have not</b> + been + main verb + ing + complement  Examples:  You have not been working in the Project. You haven't been working in the Project.  He has not been playing soccer since 2 hours ago. He hasn't been playing soccer since 2 hours ago.	<b>Has/Have</b> + subject + been + main verb + ing + complement  Examples:  Have you been working in the Project? Yes; I have No, I have not No, I haven't  Has he been playing soccer since 2 hours ago? Yes, he has No, he has not No, he hasn't

Cuando usamos estos pronombres personales debemos usar **“have”**



Cuando usamos estos pronombres personales debemos usar **“has”**



**IRREGULAR VERBS**

<u>PRESENT</u>	<u>PAST</u>	<u>PARTICIPLE</u>	<u>GERUND</u>	<u>SPANISH</u>
1-24 Awake	Awoke	Awoke / Awaken	Awaking	Despertar
Be	Was / Were	Been	Being	Ser / Estar
Bear	Bore	Born	Bearing	Dar a luz
Become	Became	Become	Becoming	Llegar a ser
Begin	Began	Begun	Beginning	Empezar
2-26 Bend	Bent	Bent	Bending	Doblar
Bet	Bet	Bet	Betting	Apostar
Bite	Bit	Bitten	Biting	Morder
Bleed	Bled	Bled	Bleeding	Sangrar
Blow	Blew	Blown	Blowing	Soplar
3-27 Break	Broke	Broken	Breaking	Quebrar / Romper
Bring	Brought	Brought	Bringing	Traer
Build	Built	Built	Building	Construir
Buy	Bought	Bought	Buying	Comprar
Can	Could			Poder
Catch	Caught	Caught	Catching	Atrapar / Apañar
4-28 Choose	Chose	Chosen	Choosing	Escoger / Elegir
Come	Came	Come	Coming	Venir
Cost	Cost	Cost	Costing	Costar
Cut	Cut	Cut	Cutting	Cortar
Deal	Dealt	Dealt	Dealing	Negociar
5-29 Dig	Dug	Dug	Digging	Cavar
Do	Did	Done	Doing	Hacer (acción)
Draw	Drew	Drawn	Drawing	Dibujar
Drink	Drank	Drunk	Drinking	Beber
Drive	Drove	Driven	Driving	Manejar / Conducir
6-31 Eat	Ate	Eaten	Eating	Comer
Fall	Fell	Fallen	Falling	Caer
Feed	Fed	Fed	Feeding	Alimentar
Feel	Felt	Felt	Feeling	Sentir
Fight	Fought	Fought	fighting	Pelear / Luchar
7-32 Find	Found	Found	Finding	Encontrar
Fly	Flew	Flown	Flying	Volar
Forget	Forgot	Forgotten	Forgetting	Olvidar
Forgive	Forgave	Forgiven	Forgiving	Perdonar
Freeze	Froze	Frozen	Freezing	Congelar / Helar
8-33 Get	Got	Got / Gotten	Getting	Obtener / Conseguir

**IRREGULAR VERBS**

<u>PRESENT</u>	<u>PAST</u>	<u>PARTICIPLE</u>	<u>GERUND</u>	<u>SPANISH</u>
Give	Gave	Given	Giving	Dar
Go	Went	Gone	Going	Ir
Grind	Ground	Ground	Grinding	Moler
Grow	Grew	Grown	Growing	Crecer
34 Hang	Hung	Hung	Hanging	Colgar
Have	Had	Had	Having	Tener / Haber
Hear	Heard	Heard	Hearing	Oir
Hide	Hid	Hidden	Hiding	Esconder
Keep	Kept	Kept	Keeping	Mantener
36 Know	Knew	Known	Knowing	Conocer / Saber
Leave	Left	Left	Leaving	Salir / Dejar
Lend	Lent	Lent	Lending	Prestar
Let	Let	Let	Letting	Permitir
Lie	Lay	Lain	Lying	Yacer
37 Lose	Lost	Lost	Losing	Perder
Make	Made	Made	Making	Hacer (fabricar)
Mean	Meant	Meant	Meaning	Significar
Meet	Met	Met	Meeting	Conocer
Pay	Paid	Paid	Paying	Pagar
38 Put	Put	Put	Putting	Poner
Quit	Quit	Quit	Quitting	Renunciar (dejar de Hacer Algo)
Read	Read	Read	Reading	Leer
Ride	Rode	Ridden	Riding	Cabalgar/Montar
Ring	Rang	Rung	Ringing	Sonar
39 Rise	Rose	Risen	Rising	Subir / Levantar
Run	Ran	Run	Running	Correr
Say	Said	Said	Saying	Decir
See	Saw	Seen	Seeing	Ver
Sell	Sold	Sold	Selling	Vender
41 Shake	Shook	Shaken	Shaking	Batir / Agitar
Send	Sent	Sent	sending	Enviar
Shine	Shone	Shone	Shining	Brillar
Shoot	Shot	Shot	Shooting	Disparar
Sing	Sang	Sung	Singing	Cantar
42 Sink	Sank	Sunk	Sinking	Hundirse
Sit	Sat	Sat	Sitting	Sentarse
42 Sleep	Slept	Slept	Sleeping	Dormir

***IRREGULAR VERBS***

<u>PRESENT</u>	<u>PAST</u>	<u>PARTICIPLE</u>	<u>GERUND</u>	<u>SPANISH</u>
Speak	Spoke	Spoken	Speaking	Hablar
Spend	Spent	Spent	Spending	Gastar
Stand	Stood	Stood	Standing	Pararse
Steal	Stole	Stolen	Stealing	Robar
Strike	Struck	Struck / Stricken	Striking	Golpear / Pegar
Sweep	Swept	Swept	Sweeping	Barrer
Swim	Swam	Swum	Swimming	Nadar
Take	Took	Taken	Taking	Tomar / Llevar
Think	Thought	Thought	Thinking	Pensar
Teach	Taught	Taught	Teaching	Enseñar
Tear	Tore	Torn	Tearing	Rasgar
Tell	Told	Told	Telling	Decir / Contar
Throw	Threw	Thrown	Throwing	Tirar / Echar / Lanzar
Understand	Understood	Understood	Understanding	Entender
Upset	Upset	Upset	Upsetting	Perturbar
Wake	Woke / Waked	Waked	Waking	Despertar
Wear	Wore	Worn	Wearing	Usar
Weave	Wove	Woven	Weaving	Tejer
Wet	Wet	Wet	Wetting	Mojar
Win	Won	Won	Winning	Ganar
Wring	Wrung	Wrung	Wringing	Torcer / Escurrir
Write	Wrote	Written	Writing	Escribir
96				

**List of Regular Verbs**

<b>Infinitive</b>	<b>Past</b>	<b>Participle</b>	<b>Significado</b>
Accept	Accepted	Accepted	Aceptar
Act	Acted	Acted	Actuar
Achieve	Achieved	Achieved	Lograr, Alcanzar
Admire	Admired	Admired	Admirar
Advise	Advised	Advised	Aconsejar
Affect	Affected	Affected	Afectar
Agree	Agreed	Agreed	Acordar
Amaze	Amazed	Amazed	Asombrar
Amuse	Amused	Amused	Divertir
Answer	Answered	Answered	Responder
Appear	Appeared	Appeared	Aparecer
Arrange	Arranged	Arranged	Arreglar, Disponer
Arrive	Arrived	Arrived	Llegar
Ask	Asked	Asked	Preguntar
Attack	Attacked	Attacked	Atacar
Bake	Baked	Baked	Hornear
Behave	Behaved	Behaved	Comportarse
Believe	Believed	Believed	Creer
Belong	Belonged	Belonged	Pertenecer
Blame	Blamed	Blamed	Culpar
Borrow	Borrowed	Borrowed	Pedir prestado
Bother	Bothered	Bothered	Molestar
Call	Called	Called	Llamar
Cancel	Canceled	Canceled	Cancelar, Suprimir
Carry	Carried	Carried	Llevar
Cause	Caused	Caused	Causar
Celebrate	Celebrated	Celebrated	Celebrar
Clean	Cleaned	Cleaned	Limpiar
Clear	Cleared	Cleared	Aclarar
Climb	Climbed	Climbed	Trepar
Close	Closed	Closed	Cerrar
Compare	Compared	Compared	Comparar
Compete	Competed	Competed	Competir
Complete	Completed	Completed	Completar
Contain	Contained	Contained	Contener
Continue	Continued	Continued	Continuar
Cook	Cooked	Cooked	Cocinar
Correct	Corrected	Corrected	Corregir
Cough	Coughed	Coughed	Toser
Count	Counted	Counted	Contar
Crash	Crashed	Crashed	Chocar
Create	Created	Created	Crear

Cross	Crossed	Crossed	Cruzar
Curse	Cursed	Cursed	Maldecir
Change	Changed	Changed	Cambiar
Chase	Chased	Chased	Perseguir
Chat	Chatted	Chatted	Charlar
Check	Checked	Checked	Verificar
Damage	Damaged	Damaged	Dañar
Dance	Danced	Danced	Bailar
Date	Dated	Dated	Salir con, Pololear
Decide	Decided	Decided	Decidir
Deliver	Delivered	Delivered	Entregar
Depend	Depended	Depended	Depender
Describe	Described	Described	Describir
Design	Designed	Designed	Diseñar
Destroy	Destroyed	Destroyed	Destruir
Dcrease	Dcreased	Dcreased	Disminuir
Die	Died	Died	Morir
Disagree	Disagreed	Disagreed	Estar en desacuerdo
Discover	Discovered	Discovered	Descubrir
Discuss	Discussed	Discussed	Discutir
Disturb	Disturbed	Disturbed	Molestar
Dress	Dressed	Dressed	Vestir
Dry	Dried	Dried	Secar
Eliminate	Eliminated	Eliminated	Eliminar
End	Ended	Ended	Terminar
Enjoy	Enjoyed	Enjoyed	Disfrutar
Entertain	Entertained	Entertained	Entretener
Excuse	Excused	Excused	Excusar
Exercise	Exercised	Exercised	Ejercitar
Exhibit	Exhibited	Exhibited	Exhibir
Expect	Expected	Expected	Esperar
Express	Expressed	Expressed	Expresar
Film	Filmed	Filmed	Filmar
Fill	Filled	Filled	Llenar
Fish	Fished	Fished	Pescar
Fix	Fixed	Fixed	Arreglar, Fijar
Follow	Followed	Followed	Seguir
Freeze	Freezed	Freezed	Congelar
Fry	Fried	Fried	Freir
Greet	Greeted	Greeted	Saludar
Guess	Guessed	Guessed	Adivinar, Suponer
Hail	Hailed	Hailed	Granizar
Handle	Handled	Handled	Manejar
Happen	Happened	Happened	Suceder
Hate	Hated	Hated	Odiar, Cargarle a uno
Help	Helped	Helped	Ayudar

Hope	Hoped	Hoped	Esperar
Hunt	Hunted	Hunted	Cazar
Identify	Identified	Identified	Identificar
Ignore	Ignored	Ignored	Ignorar
Imagine	Imagined	Imagined	Imaginar
Impress	Impressed	Impressed	Impresionar
Improve	Improved	Improved	Mejorar
Include	Included	Included	Incluir
Increase	Increased	Increased	Aumentar
Interview	Interviewed	Interviewed	Entrevistar
Introduce	Introduced	Introduced	Introducir, Presentar
Invite	Invited	Invited	Invitar
Jog	Jogged	Jogged	Trotar
Join	Joined	Joined	Juntar, Unir, Acompañar
Jump	Jumped	Jumped	Saltar
Knock	Knocked	Knocked	Golpear
Label	Labeled	Labeled	Rotular, Etiquetar
Land	Landed	Landed	Aterrizar
Last	Lasted	Lasted	Durar
Learn	Learned	Learned	Aprender
Like	Liked	Liked	Gustarle a uno
Link	Linked	Linked	Unir, Vincular
List	Listed	Listed	Listar
Listen	Listened	Listened	Escuchar
Live	Lived	Lived	Vivir
Locate	Located	Located	Ubicar
Look	Looked	Looked	Mirar, Parecer
Love	Loved	Loved	Amar, Encantarle a uno
Manage	Managed	Managed	Manejar, Dirigir
Mark	Marked	Marked	Marcar
Match	Matched	Matched	Unir, Aparejar
Measure	Measured	Measured	Medir
Mention	Mentioned	Mentioned	Mencionar
Miss	Missed	Missed	Perderse, Echar de menos, Perder
Move	Moved	Moved	Mover, Trasladar, Cambiarse
Name	Named	Named	Nombrar
Need	Needed	Needed	Necesitar
Note	Noted	Noted	Notar
Notice	Noticed	Noticed	Notar, Fijarse
Number	Numbered	Numbered	Numerar
Offer	Offered	Offered	Ofrecer
Open	Opened	Opened	Abrir
Order	Ordered	Ordered	Ordenar
Organize	Organized	Organized	Organizar
Pack	Packed	Packed	Empacar

Paint	Painted	Painted	Pintar
Pamper	Pampered	Pampered	Regalinear
Pardon	Pardoned	Pardoned	Perdonar
Park	Parked	Parked	Estacionar
Participate	Participated	Participated	Participar
Pass	Passed	Passed	Pasar, Aprobar
Perform	Performed	Performed	Realizar, Ejecutar
Persuade	Persuaded	Persuaded	Persuadir
Pick	Picked	Picked	Recoger
Plan	Planned	Planned	Planear
Play	Played	Played	Jugar, Tocar,
Please	Pleased	Pleased	Complacer
Practice	Practiced	Practiced	Practicar
Predict	Predicted	Predicted	Predecir
Prefer	Preferred	Preferred	Preferir
Present	Presented	Presented	Presentar
Program	Programmed	Programmed	Programar
Protect	Protected	Protected	Proteger
Provide	Provided	Provided	Proporcionar
Purchase	Purchased	Purchased	Comprar
Push	Pushed	Pushed	Empujar
Rain	Rain	Rain	Llover
Receive	Received	Received	Recibir
Recommend	Recommended	Recommended	Recomendar
Relate	Related	Related	Relacionar
Relax	Relaxed	Relaxed	Descansar
Release	Released	Released	Soltar, Producir
Remember	Remembered	Remembered	Recordar
Repair	Repaired	Repaired	Reparar
Repeat	Repeated	Repeated	Repetir
Resist	Resisted	Resisted	Resistir
Rest	Rested	Rested	Descansar
Return	Returned	Returned	Volver
Review	Reviewed	Reviewed	Revisar
Sail	Sailed	Sailed	Navegar
Save	Saved	Saved	Ahorrar, Salvar
Scan	Scanned	Scanned	Examinar
Scare	Scared	Scared	Asustar
Share	Shared	Shared	Compartir
Shop	Shopped	Shopped	Comprar
Shout	Shouted	Shouted	Gritar
Skate	Skated	Skated	Patinar
Ski	Skied	Skied	Esquiar
Slow	Slowed	Slowed	Disminuir
Sneeze	Sneezed	Sneezed	Estornudar

Snow	Snowed	Snowed	Nevar
Solve	Solved	Solved	Resolver
Spell	Spelled	Spelled	Deletrear
Start	Started	Started	Empezar
Step	Stepped	Stepped	Pisar
Stop	Stopped	Stopped	Detener
Stress	Stressed	Stressed	Acentuar
Study	Studied	Studied	Estudiar
Substitute	Substituted	Substituted	Sustituir
Suggest	Suggested	Suggested	Sugerir
Surprise	Surprised	Surprised	Sorprender
Talk	Talked	Talked	Hablar
Taste	Tasted	Tasted	Probar
Terrorize	Terrorized	Terrorized	Aterrorizar
Thank	Thanked	Thanked	Agradecer
Touch	Touched	Touched	Tocar
Travel	Traveled	Traveled	Viajar
Try	Tried	Tried	Tratar
Tune	Tuned	Tuned	Sintonizar
Turn	Turned	Turned	Girar
Underline	Underlined	Underlined	Subrayar
Use	Used	Used	Usar
Vary	Varied	Varied	Variar
Wait	Waited	Waited	Esperar
Walk	Walked	Walked	Caminar
Want	Wanted	Wanted	Desear
Warn	Warned	Warned	Advertir
Wash	Washed	Washed	Lavar
Watch	Watched	Watched	Ver, Vigilar
Water	Watered	Watered	Regar
Welcome	Welcomed	Welcomed	Recibir
Wish	Wished	Wished	Desear
Witness	Witnessed	Witnessed	Ser testigo
Work	Worked	Worked	Trabajar, funcionar
Worry	Worried	Worried	Preocuparse
Wrestle	Wrestled	Wrestled	Luchar